

# CANDU Education Partners Plans & Packages Guide

Transformative, wellness-centered professional development designed for modern schools and districts. Each experience blends movement, reflection, identity, and practical strategies—designed by an educator with over a decade of experience.

## 1. Leadership Wellness Reset™

*Reconnect to purpose. Restore energy. Rebuild culture.*

A high-level, research-backed PD experience that helps school leaders restore clarity, emotional grounding, and strengthen school culture. Includes guided movement, identity work, and culture-building strategies.

**Pricing:** \$6,000 – \$12,000

## 2. Teacher Wellness Reset™

*Reduce stress. Reconnect to purpose. Restore joy.*

A restorative PD experience supporting educators with movement, mindfulness, journaling, community building, and classroom-ready wellness routines—helping them reset and recharge.

**Pricing:** \$3,500 – \$7,500

## 3. Active PE & Health Training™

*Modern, engaging, whole-child centered PE instruction.*

A dynamic training for PE & Health teachers including active lesson demos, technology tools, mental-health integration, and standards-based curriculum alignment.

**Pricing:** \$3,500 – \$7,500

## **Programs for Corporate Teams**

Corporate teams may book the Leadership Wellness Reset™ only. Designed for executives, managers, and emerging leaders.

**Corporate Pricing:** \$7,500 – \$15,000

## **Contact**

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